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Veterans Corner: Take a Break!

By: John Carrigan, President

Deployments continue for our military, and the future holds more of the same. For military families, this means extended family separations such operations require. Often overlooked, the families of deployed service people are coping with significant challenges at home. Veterans Resource Central (VRC) provides these families with support during and after deployments. This can be as simple as finding a parent a babysitter or guidance with children's issues. The key to helping families and veterans is in our **community**.

Vacations can be a special break from our chaotic lives. But, when you are the spouse at home with children, a vacation may not be an option. Travel can be difficult, but with a little planning you can take the kids on monthly local outings. Look around you at the abundance of choices that Central Pennsylvania affords.

Among other entertainment choices, the VRC has partnered with the City of Harrisburg to present a monthly Outdoor Movie series on Saturday evenings. These outdoor screenings of top quality recent video releases are all family-oriented and FREE to the public. The movies will be held in the Skyline Sports Complex with plenty of room for hundreds of movie fans to spread out blankets in front of the giant outdoor movie screen, erected specially for these events. Save these dates: June 17, July 29, August 12 and September 2. Visit the VRC calendar of events at <http://www.veteransresourcecentral.org/> and HarrisburgEvents.com for movie listings and information on other free family friendly events.

Other VRC events will include Harrisburg Senators games and a Fishing Derby Day. The emphasis is on entertaining the kids and providing the spouses a chance to mingle, relax and talk about their challenges.

For more information on how to join, volunteer, or donate to the VRC, call (717) 221-1360 or visit <http://www.veteransresourcecentral.org/>.

Veterans Resource Central (VRC) is the leading organization for family support, career counseling, and job placement assistance for returning veterans in central Pennsylvania. VRC is a Harrisburg-based, non-profit group whose focus is providing career counseling and job placement assistance to returning veterans as well assistance to deployed families.